



## **Good Source Solutions - Press Release**

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**For immediate release:**

### **Good Source Solutions Tackles Long Term Healthcare Costs**

San Diego, Calif. – June 23, 2010 – Good Source Solutions, a food industry leader, is no stranger to providing value to food programs nationwide. Now the value they deliver extends beyond their customers' bottom line – it impacts the everyday consumer's health and well being.

Good Source delivers over 100 million pounds of food annually to more than 5,000 schools, non-profit organizations and government facilities nationwide. A large majority of these customers provide meals to our nation's aging population.

Good Source recognizes good nutrition helps lower the risk for many chronic diseases, including heart disease, stroke and diabetes.<sup>1</sup> Partnering with some of the nation's leading food manufacturers Good Source developed and now offers healthier alternatives to some popular food choices in our nation's schools and government facilities.

"We are so excited to be able to help out in managing America's healthcare costs with healthy food options that don't sacrifice taste," explains Sharone Story, Good Source Solutions Vice President of Sales.

The healthier menu items Good Source offers include a reduced sodium chicken dinner link. Each 3.2 oz serving delivers 8 grams of protein as well as a source of calcium and iron. Another favorite among consumers is the low sodium chicken frank – a hot dog fortified with Vitamin A, Vitamin C and Calcium that is also trans fat free.

**About Good Source Solutions:**

Good Source Solutions is a leading distributor of food services to niche and special application markets challenged by budgetary constraints. Good Source has been providing value to food programs for nearly 20 years. Good Source procures its products through long-standing relationships with over 500 leading food manufacturers and sells products to over 5,000 customers in niche markets where overall food cost is a critical factor in the purchase decision. Learn more about Good Source Solutions at [www.goodsourcesolutions.com](http://www.goodsourcesolutions.com)

*1. Physical Activity and Good Nutrition: Essential Elements to Prevent Chronic Diseases and Obesity. Atlanta, GA. 2001*

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